

A better nondrug way to manage your diabetic neuropathy pain

HFX™ Introduction Guide

HFX is a nondrug, FDA-approved treatment option for people with diabetic neuropathy pain who haven't found relief with prescription pain medications or who want to avoid the side effects of medications.



I have all this relief and I take zero medication for my diabetic neuropathy. It's unbelievable not having the side effects of those pain medications. I feel like I have a future." - Neil, HFX patient

How HFX Works

Diabetic neuropathy is a type of nerve damage that causes nerves to overproduce and send too many pain signals to your brain, resulting in the pain you feel in your feet or legs. This pain can feel like numbness or burning, shooting, pins and needles pain.

HFX is a small implant that pairs with a smartphone app. HFX works by safely blocking those pain signals before you feel them, providing continuous relief day and night, improved sleep, and for most people, improved feeling in their feet.¹

Each person is unique, and only HFX learns from your unique pain to provide personalized pain relief.*



The HFX Implant

HFX is placed in a quick, minimally invasive, and outpatient procedure by an HFX doctor.

HFX delivers pain relief by blocking pain signals before they're felt.



The HFX App

The HFX App pairs with your HFX implant and delivers personalized pain relief through simple check-ins.

Watch how HFX relieves diabetic neuropathy pain

Scan this code with your phone's camera or visit www.HFXforPDN.com/why-hfx/how-hfx



Treat Your Diabetic Neuropathy Pain at the Source



Sleep soundly

Proven to improve your sleep with less pain during the night¹



Relieves pain

The most effective treatment option to relieve shooting, burning, pins and needles diabetic neuropathy pain²



May help numbness

In a large clinical study, most people experienced improved feeling in their feet¹



No drugs

Relieves pain without drugs

Who is a Good Candidate for HFX?

HFX could be right for you if you meet the below criteria:

- You've been diagnosed with diabetic neuropathy pain in your feet or legs
- You've tried two or more prescription pain medications and haven't found relief or want to avoid the side effects of medications

All Major Insurances Cover HFX

HFX is covered by all major insurance plans. HFX is covered nationwide by Medicare for all ages and all plan types, including Medicare Advantage.

At the time of your HFX consultation, in most cases you can expect to pay your regular copay cost for a specialist visit.

HFX Has Helped Over 100,000 People Worldwide Find Pain Relief

90%

of people are satisfied with HFX managing their pain.³

8/10

people would recommend HFX to their friends and family.³

9/10

people experience long-term relief from diabetic neuropathy pain with HFX.¹

Clinically Proven Pain Relief

HFX is the most effective FDA-approved treatment option for diabetic neuropathy pain providing significant long-term relief when prescription medications don't work. In a large clinical study with 142 people, participants reported an average of 80% pain relief.¹

The study also found that 9 out of 10 people that weren't able to get relief from prescription medications, now experience significant long-term relief with HFX.¹

Average Pain Score (0-10)

7.6



Before HFX

1.5



After HFX

(N=216)

Most people also experienced improved feeling in their feet.¹



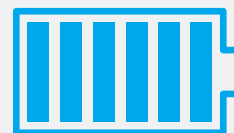
Key Benefits with HFX



Relieves pain without drugs



Minimally invasive procedure



10 year battery life³



Treats pain at the source



Safe and effective



No typical side effects of pain medications

Most people who use HFX to manage their pain report⁴:



Sitting, standing, and walking is easier



More restful sleep and longer sleep



Traveling is easier



Their social life has improved

What to Expect

1

Connect with Your HFX Coach™ and Find an HFX Doctor

Only an HFX doctor can determine if HFX is right for you. After you take the [short assessment](#), request a call from an HFX Coach. Your HFX Coach is here to answer your questions about HFX and connect you with an HFX doctor in your area. HFX doctors are pain management specialists who have been trained in the minimally invasive procedure to get HFX and are experienced with HFX.

Or if you don't need help, you can simply search your zip code, and find an HFX doctor using the [Find a Doctor](#) search tool. You can call any of the doctors listed in your area to set up an HFX consultation.

2

Attend Your HFX Consultation

Your consultation is your time to ask your HFX doctor questions about HFX. Your HFX doctor will ask you questions about your diabetic neuropathy pain and your experiences with previous treatments to help determine if HFX is right for you.

In most cases, at the time of your HFX consultation you can expect to pay your regular copay cost for a specialist visit.

3

Try HFX for 1-Week, Before You Decide

Once your HFX doctor confirms you're a candidate, you get to "test drive" HFX for 1 week with a temporary external device. The trial week is an opportunity for you to evaluate your pain relief, improvements in your quality of life, and see if HFX helps meet your pain management goals.

The trial procedure takes about 30 to 60 minutes and doesn't require any incisions. The temporary device is taped to your back and is easily covered under your clothes. You'll go home the same day. 9 out of 10 people who try HFX, choose to move forward with the HFX implant.⁵

4

Get HFX and Personalize Your Relief

After your trial week if you and your doctor agree HFX is right for you, then you can move forward with the implant. Getting HFX is a quick, outpatient, and minimally invasive procedure. It's not a major surgery.

Following your procedure, your Nevro Care Team will work closely with you and create a plan to personalize your relief with HFX. The HFX App will continue to optimize your settings so you always achieve the best relief possible and you'll have your dedicated HFX Coach who will be there for long-term support whenever you need it.

Learn more about what to expect

Scan this code with your phone's camera or visit
www.HFXforPDN.com/why-hfx/what-to-expect/



Frequently Asked Questions

1 Is HFX FDA-approved?

Yes, HFX was approved by the FDA in 2021 to relieve diabetic neuropathy pain.

2 Is HFX covered by insurance?

Yes! HFX is covered by all major insurance plans. HFX is covered nationwide by Medicare for all ages and all plan types, including Medicare Advantage.

3 Does HFX have the same typical side effects as pain medications?

No, HFX is a nondrug treatment option that offers significant pain relief from diabetic neuropathy without the typical side effects that people commonly experience when taking medications, like brain fog and drowsiness.

4 Does HFX help with numbness?

HFX may help with numbness. In a large clinical study, most people experienced improved feeling in their feet.¹

5 Will I feel HFX working?

No, HFX is the only device of its kind that relieves diabetic neuropathy pain without a tingling sensation, letting you just feel pain relief.

6 I've tried everything. Does HFX really work?

HFX is the most effective FDA-approved treatment option to relieve shooting, burning, pins and needles pain from diabetic neuropathy and is proven to provide relief when conventional treatments don't work.²

9 out of 10 people who use HFX to manage their diabetic neuropathy pain experience significant long-term relief.¹

7 Is HFX safe?

Yes, HFX has helped over 100,000 people worldwide find pain relief. HFX has been thoroughly studied and proven to be a safe approach for managing diabetic neuropathy pain. HFX has significantly fewer side effects than other treatment options and doesn't involve major surgery.¹⁻²

8 Where can I get HFX?

HFX is offered by thousands of pain management doctors nationwide. When your HFX Coach calls, they'll help you find an HFX doctor in your area, or if you prefer, you can find one near you [here](#). Simply search your zip code and call any HFX doctor you see listed to schedule a consultation.

9 How long does the HFX implant last?

HFX is designed to last 10 years. Once you and your doctor determine you're ready for a new battery, your HFX implant is replaced during a simple outpatient procedure.

Resources For You



Introduction to Diabetic Neuropathy Pain and Finding Relief with HFX Webinar

Watch one of our free educational webinars to learn more about how HFX relieves diabetic neuropathy pain.



Scan this code with your phone's camera or visit

www.HFXforPDN.com/vlp/webinar



Connect with an HFX Patient Ambassador

Patient Ambassadors are a community of people who use HFX to manage their diabetic neuropathy pain. They have volunteered to help others – like you – through the process to get HFX. They're available to share their personal experiences and answer your questions.

Once your HFX doctor confirms you're a candidate for HFX, you can ask your Nevro Care Team to be connected with a Patient Ambassador. We'll do our best to match you with a Patient Ambassador who is similar to you.



Real Patients. Real Diabetic Neuropathy Pain Relief Stories.

Hear why our patients chose HFX to manage their pain.



Scan this code with your phone's camera or visit

www.HFXforPDN.com/patient-stories

Important Safety Information

Patient experiences with the HFX iQ™ or Senza Omnia™ spinal cord stimulation (SCS) system vary by individual, including the amount of pain relief. The occurrence of adverse effects associated with SCS implant surgery or use also varies by patient.

Indications for Use: The HFX iQ, Senza Omnia, and HFX Trial spinal cord stimulation systems aid in the management of chronic intractable pain of the trunk and/or limbs, including unilateral or bilateral pain associated with the following: failed back surgery syndrome, intractable low back pain, and leg pain. These systems when programmed to include a frequency of 10 kHz, are indicated as aids in the management of chronic intractable pain of the lower limbs, including unilateral or bilateral pain, associated with diabetic neuropathy and the management of non-surgical refractory back pain (intractable back pain without prior surgery and not a candidate for back surgery). **Contraindications:** These include patients who are poor SCS surgical candidates, are unable to operate the SCS system and fail to receive effective pain relief during trial stimulation. **Warnings:** Safety and effectiveness has not been established for pediatric use or in pregnancy. Interference with other implanted stimulators, such as cardiac pacemakers and defibrillators which have sensing features and may result in sensing problems or inappropriate responses. Sources of electromagnetic interference (theft detectors, security screening devices, power lines, RF equipment, mobile phones, radio systems, electrostatic discharge etc.) may interact with the system, resulting in unexpected changes in stimulation, serious patient injury and system damage. Energy from diathermy can be transferred through the implanted system and can cause tissue damage, resulting in severe injury or death. Senza implantable stimulators are MR conditional and scanning under different conditions may result in severe patient injury or device malfunction. Use of certain medical devices or procedures (electrocautery, radiation therapy, ultrasonic scanning) may result in device damage. Induced electrical currents from radiofrequency (RF) or microwave ablation may cause heating, resulting in tissue damage. **Precautions:** Avoid activities that put stress on the implanted spinal cord stimulation system components. Safety has not been established for Transcranial Magnetic Stimulation (TMS) or Electroconvulsive Therapy (ECT) in patients who have an implanted SCS system. Patients experiencing persistent discomfort or excessive redness around the wound areas may need to be checked for infection by their physician. **Adverse Events:** May include hematoma, epidural hemorrhage, paralysis, pain at implant site, infection and other surgical risks. Device related adverse events may include loss of pain relief or paresthesia, undesirable change in stimulation (uncomfortable, jolting or shocking sensation), tissue reaction or allergy to implanted materials. Refer to www.HFXforPDN.com/safety for product safety information and www.Nevro.com/manuals for product manuals for complete indications, contraindications, warnings, precautions and potential adverse events.

References:

- * Senza HFX iQ uses a fixed set of instructions to provide optimized treatment recommendations that utilize direct patient input from assessments on pain and quality of life measures.
- 1. Petersen, E., et al. (2023). Long-term efficacy of high-frequency (10 kHz) spinal cord stimulation for the treatment of painful diabetic neuropathy: 24-Month results of a randomized controlled trial. *Diabetes Research and Clinical Practice*, 110865.
- 2. Hoelzer, B., et al. (2022). Indirect Comparison of 10 kHz Spinal Cord Stimulation (SCS) versus Traditional Low-Frequency SCS for the Treatment of Painful Diabetic Neuropathy: A Systematic Review of Randomized Controlled Trials. *Biomedicine*, 10, 2630.
- 3. Data on file.
- 4. Calculated from patient survey data and functionality measures within the SENZA-RCT. Data on file.
- 5. Kapural L., et al. Novel 10-kHz High-frequency Therapy Is Superior to Traditional Low-frequency Spinal Cord Stimulation for the Treatment of Chronic Back and Leg Pain. *Anesthesiology*, 123(4)

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